



RUTHERFORD PUBLIC SCHOOL

CANTEEN MENU Term 4 2017

and Term 1 2018



SANDWICHES - White - multigrain or TOASTED		DRINKS	
* Vegemite OR Cheese OR Tomato	\$ 2.00	* Water small pop top	\$ 1.20
* Egg and Lettuce	\$ 2.80	* Water Large 600ml	\$ 1.80
* Ham OR Chicken OR Tuna	\$ 3.00	* Juice Poppers <i>apple, orange, apple blackcurrent</i>	\$ 1.50
* Ham and Cheese	\$ 3.40	* Plain Milk	\$ 1.50
* Ham, Cheese and Tomato	\$ 3.80	* Chocolate Milk	\$ 2.00
* Sweet Chilli Chicken <i>chicken, cheese & sweet chili</i>	\$ 3.80	* Strawberry Milk	\$ 2.00
* Salad <i>Lett, tom, cuc, carrot, cheese, beetroot</i>	\$ 4.00	* Sparkling Fruit Juice springwater	\$ 2.00
* Salad with Ham OR Chicken OR Tuna	\$ 4.50		
* Salad Tub <i>Lett, tom, cuc, carrot, cheese, beet, ½ egg</i>	\$ 4.50	SNACKS <i>Can be ordered for lunch or afternoon tea</i>	
* Salad Tub with Ham OR Chicken OR Tuna	\$ 5.50	* Pikelets	\$ 0.10
		* Honey Oat Slice	\$ 0.20
EXTRAS - <i>only available with sandwich order</i>		* Apple Red	\$ 0.50
Bread roll OR Wrap <i>instead of bread</i>	\$ 0.70	* Apple Green	\$ 0.50
½ Egg - Cheese - Tomato	\$ 0.40	* Pear	\$ 0.50
		* Popcorn	\$ 0.50
BURGERS - WRAPS - ROLLS		* Muffin	\$ 0.50
* Chicken & Gravy Roll	\$ 4.00	* Carrot Sticks, cheese and apple cups	\$ 1.00
* Cheese Burger <i>meat patty, cheese, tomato sauce</i>	\$ 4.50	* Jelly Cup	\$ 1.00
* Chicken Burger <i>chicken, lettuce, mayo</i>	\$ 4.50	* Yoghurt cup	\$ 1.00
* Vege Lentil Burger <i>vege patty, lettuce, mayo</i>	\$ 4.70	* Boiled Egg	\$ 1.00
* Chicken Tender Wrap <i>2 tenders, lett, cheese, mayo</i>	\$ 5.00	* Chips <i>honey soy chicken</i>	\$ 1.20
* Add diced salad <i>tomato, carrot, cucumber</i>	\$ 0.50		
		AFTERNOON TEA HOT FOOD <i>Not available at lunch</i>	
HOT FOOD		<i><u>These need to be ordered and picked up from Canteen.</u></i>	
* Fish Pieces each	\$ 0.90	* ½ Bread roll with melted cheese	\$ 1.00
* Crumbed Chicken Tender each	\$ 2.00	* Muffin Pizza Ham & cheese	\$ 1.00
* Pasta Napolitana <i>Vegetarian</i>	\$ 2.50	* Fried Rice <i>Vegetarian</i>	\$ 1.00
* Chicken Fried Rice	\$ 3.60	* Garlic Bread	\$ 0.20
* Butter Chicken & Rice	\$ 3.60		
* Lasagne	\$ 4.00	FROZEN TREATS <i>Not available on orders</i>	
* Macaroni and Cheese	\$ 4.00	* Quelch Juice Sticks	\$ 0.50
* Chicken Nuggets 6pk	\$ 4.00	* Juice cups Apple	\$ 0.50
		* Juice cups Apple Blackcurrent	\$ 0.50
FRIDAY ONLY		* Calipo Mini	\$ 1.00
* Sausage Roll	\$ 3.20	* Ice Cream Tub	\$ 1.00
* Plain Pie	\$ 4.00	* Slushy	\$ 2.00
SAUCES		LUNCH BAGS	
* Tomato, Barbeque, Sweet & Sour	\$ 0.40		\$ 0.20

ONLINE ORDERING go to flexischools.com.au to register

*Everyday food *Occasional food

Canteen OPEN 8.40am till 2.20pm