



Learning at Home

Booklet 3 – 23/8/21

Term 3 Week 7

Year 2

Name: _____

Class: _____

The booklets contain activities in English, mathematics and other subject areas. These activities are suggestions only. The work is not compulsory and it is intended to assist families whilst children are at home from school. Children may need assistance with some of the material.

Stage One Online Resources

Reading
eggs



<https://readingeggs.com.au/>

 **MANGAHIGH**
westermann



<https://platform.mangahigh.com/login/student>

Storyline Online



<https://storylineonline.net/>

Weekly Overview

Below is an overview of the week. In the morning there are 3 tasks for English, in the middle there are 3 tasks for maths and each afternoon has an activity on a different topic. There will also be other activities and videos uploaded to Seesaw throughout the week. Students can post pictures of completed work on Seesaw using their Home Learning login and/or complete tasks in a workbook and return this to the teacher once finished.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	English Task 1: Spelling Task 2: Reading Task 3: Writing	English Task 1: Spelling Task 2: Reading Task 3: Writing	English Task 1: Spelling Task 2: Reading Task 3: Writing	English Task 1: Spelling Task 2: Reading Task 3: Writing	English Task 1: Spelling Task 2: Reading Task 3: Writing
Break					
Middle	Maths Task 4: Game Task 5: Lesson Task 6: Mangahigh	Maths Task 4: Game Task 5: Lesson Task 6: Mangahigh	Maths Task 4: Game Task 5: Lesson Task 6: Mangahigh	Maths Task 4: Game Task 5: Lesson Task 6: Mangahigh	Maths Task 4: Game Task 5: Lesson Task 6: Mangahigh
Break					
Afternoon	Science Task 7	Music Task 7	Science Task 7	History Task 7	Olympics Task 7

Spelling

All the words below are commonly misspelled. Be careful to check your spelling when you copy and write the word.

Word	Monday	Tuesday	Wednesday	Thursday	Friday
pattern					
don't					
won't					
secret					
tomorrow					
shouldn't					
sound					
couldn't					
nervous					
metre					
centimetre					
weather					

Monday Task 1: Spelling

Secret Code Spelling



1. Look, cover, write and check your weekly spelling words.
2. Create a secret code by drawing pictures for each letter of the alphabet.
3. Write down your spelling words using your secret code.

Example:


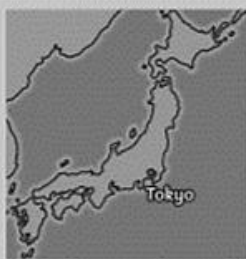
a	b	c	d	e	f	g	h	i	j	k	l	m
☆	♥	☞	🚤	🇺🇸	☀️	🍏	😊	←	⊙	⇒	⚡	🏠
n	o	p	q	r	s	t	u	v	w	x	y	z
☺	👉	💬	✳️	🌊	🐛	🐛	🌸	◯	👁️	🌀	🔑	△

Example: 1. they = ☺ ☺ 🐛 🐛 2. did = ☺ ← ☺


Monday Task 2: Reading

 **All About Japan** 




Japan is a country in Asia.
It is made up of lots of islands.




Facts About Japan
Capital: Tokyo
Population: 127 million people
Language: Japanese
Flag:



What Is Japanese Food Like?
Sushi is a popular meal. It is made from rice, seaweed and raw (uncooked) fish.
There are lots of other Japanese foods too:

-  katsu curry
-  ramen noodles
-  bento lunches



What Is the Weather Like in Japan?
Japan has four seasons. They are spring, summer, autumn and winter.
The weather is very different across Japan. The north of Japan gets very cold in winter and warm in summer. Many people go there to ski.
The south of Japan stays warm all year. Many people go to the sandy beaches for holidays.

Questions:

1. What is sushi made from?

2. How many seasons does Japan have?

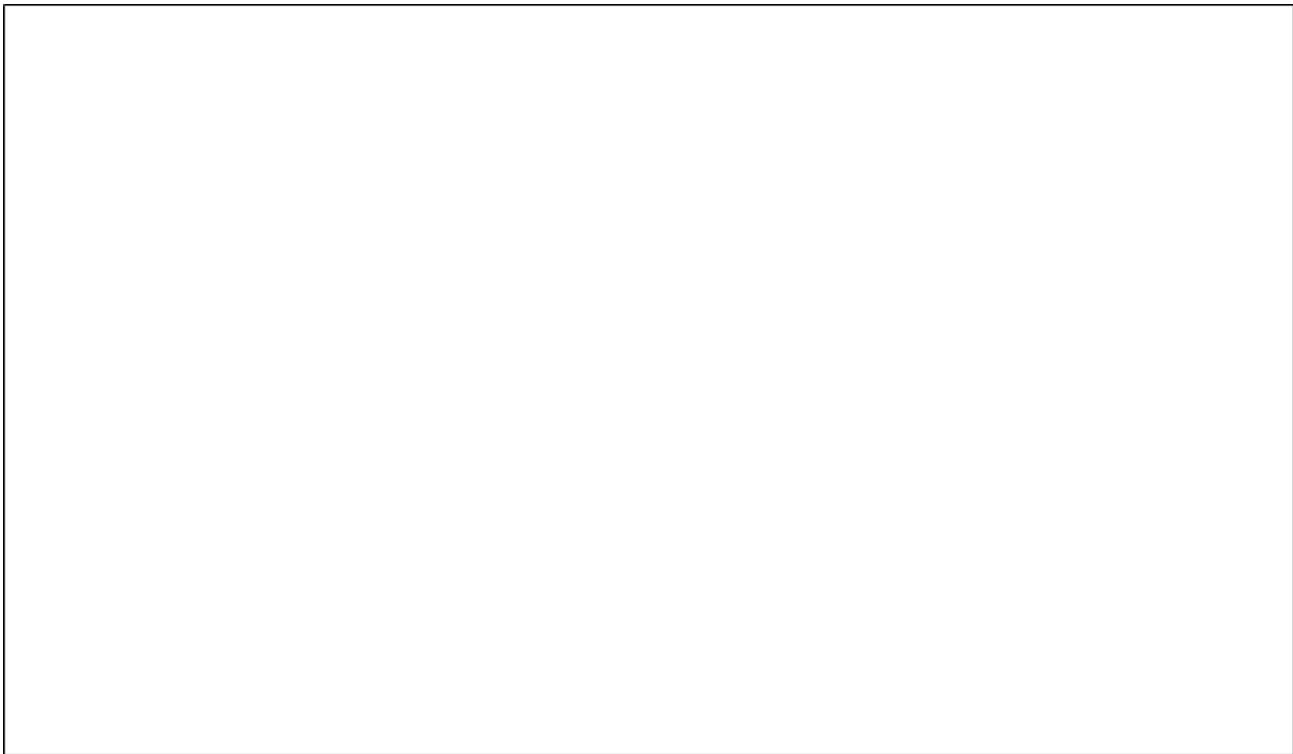
3. How many people live in Japan?

4. What is the capital city of Japan?

Monday Task 3: Writing

If you could do any sport at the Olympics what would you do and why?

Draw a picture of you competing in the sport you chose.



Monday Task 4: Maths Game

Number Boggle

Use the numbers in the boxes to make number sentences. They can be + or -

Example: $9+12=21$

10	9	36	30
12	63	8	21
40	26	3	28
4	100	7	44

Frog Hop Maze

Help the frog swim to the lily pad by coloring only the bubbles that add up to 10

Number Bonds to 10

8+2

5+5 4+5 8+2 3+2

1+2 2+2 4+3 5+5

9+1 3+1 2+2 7+2

8+3 7+3 8+1 6+3

7+2 8+2 6+4 1+1

5+3 5+4 3+7 8+2

6+4 5+1 6+2 3+3

8+2 8+2 3+1 4+6

5+5 2+2 2+8 1+6

1+1 2+3 9+1 6+2

3+3 5+5 3+1 5+5

6+2 8+1 5+6 1+9

8+2 2+8 8+1 3+3

7+1 6+6 2+2 5+2

2+6 1+9 9+1 1+2

1+8 6+1 6+4 5+5

7+3

Monday Task 5: Maths Lesson

Tricky Tens

Fill in the missing numbers by counting on in tens.

4	14	24					
---	----	----	--	--	--	--	--

27	37				77		
----	----	--	--	--	----	--	--

19			49				
----	--	--	----	--	--	--	--

8							78
---	--	--	--	--	--	--	----

Can you use this knowledge to help you solve these addition and subtraction sentences?

$24 + 10 = \underline{\quad}$

$44 - 30 = \underline{\quad}$

$34 + 30 = \underline{\quad}$

$99 - 10 = \underline{\quad}$

$44 + 20 = \underline{\quad}$

$39 - 20 = \underline{\quad}$

$19 + 10 = \underline{\quad}$

$88 - 30 = \underline{\quad}$

$39 + 40 = \underline{\quad}$

$47 - 40 = \underline{\quad}$

$8 + 10 = \underline{\quad}$

$67 - 60 = \underline{\quad}$

$48 + 40 = \underline{\quad}$

$54 - 30 = \underline{\quad}$

$37 + 20 = \underline{\quad}$

$58 - 20 = \underline{\quad}$

$57 + 40 = \underline{\quad}$

$24 - 10 = \underline{\quad}$

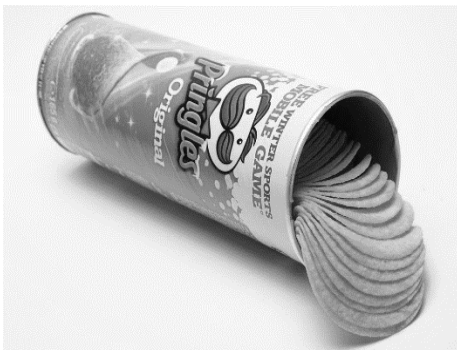
Monday Task 7: Science



EXPLORING KITCHEN GADGETS

Watch the video to see if any gadgets are used in Traditional Aboriginal cooking. What did you see?

Have you ever tried to eat Pringles? They are a brand of potato chips, and they are stored in a long tube.



What was used to help cook and serve the fish?

How much rubbish was left after cooking and eating the fish?

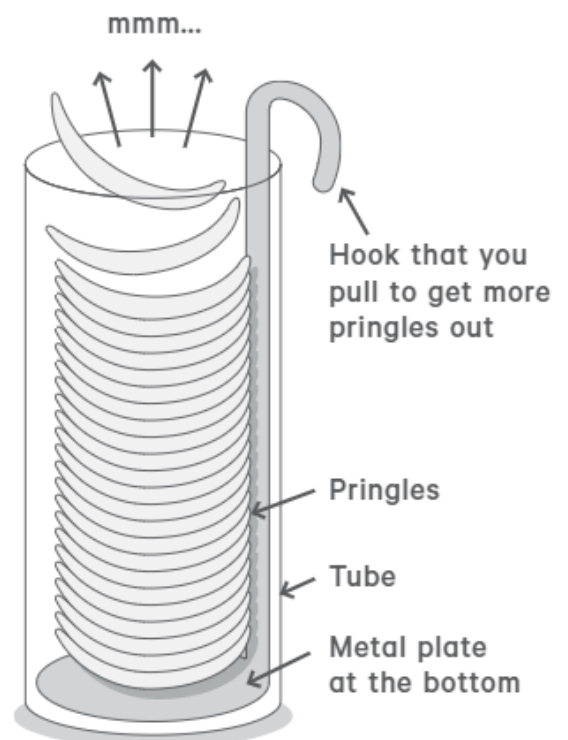
How much rubbish would this type of cooking make in a thousand years?

A kitchen gadget must be: useful, safe and reusable.

Look at the design for a Pringle Hook by Georgia Dinsley age 11.

Is it: Useful? Safe? Reusable?

Why do you think Georgia designed the Pringle Hook?



Tuesday Task 1: Spelling

1. Look, cover, write and check your weekly spelling words.
2. **BOGGLE** - How many words can you make using the letters in the grid?

T	A	K	N
L	D	S	C
Y	W	B	I
O	O	M	L

Tuesday Task 2: Reading

Recipe for a Healthy Fruit Salad

You will need:

- one juicy, red apple
- three plump strawberries
- a handful of grapes
- one ripe banana
- any other fruit that you enjoy eating
- one cup of fresh, sweet orange juice
- a large, plastic bowl
- a sharp knife for an adult to use
- a spoon

What to do:

- 1) Before you start, make sure that you wash your hands.
- 2) With help from a grown-up, cut up your fruit into small pieces.
- 3) Put the little chunks of fruit into a bowl.
- 4) Pour the orange juice over the fruit until it is all covered.
- 5) Mix the fruit salad and enjoy!



Questions:

1. Number these instructions from 1 to 3 to show the order they must happen in

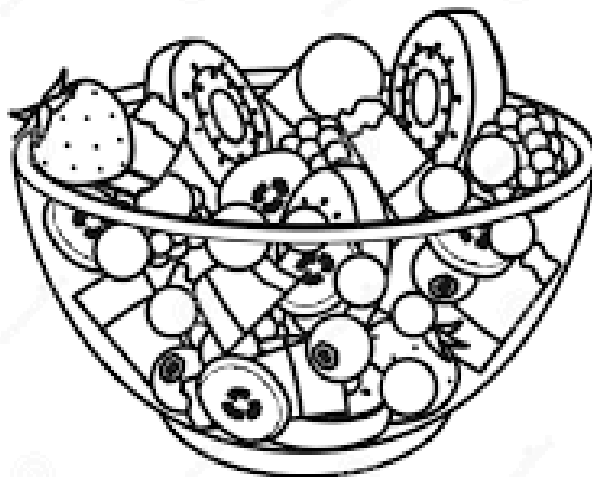
- Wash your hands.
- Eat the fruit salad.
- Put the fruit into a bowl.

2. Which 2 **adjectives** has the author use to describe the orange juice?

_____ and _____

3. Why does the author say to cut up the fruit "with help from a grown-up"?

4. How many strawberries do you need for this recipe?



Tuesday Task 4: Maths game

Addition up to 100

Solve the calculations to reveal the hidden picture.

Each **answer** has a special colour:

1 to 60 = yellow

61 to 80 = black

81 to 90 = white

91 to 100 = pink

		$23 + 20$	$15 + 5$	$28 + 10$	$30 + 12$	$30 + 30$		
	$25 + 4$	$33 + 7$	$19 + 30$	$32 + 9$	$10 + 33$	$30 + 14$	$22 + 10$	
$52 + 8$	$36 + 3$	$43 + 20$	$46 + 4$	$34 + 10$	$83 + 5$	$10 + 74$	$83 + 7$	$12 + 20$
$35 + 10$	$38 + 30$	$24 + 6$	$54 + 10$	$47 + 3$	$44 + 40$	$40 + 32$	$23 + 60$	$31 + 20$
$38 + 10$	$22 + 20$	$38 + 20$	$20 + 12$	$30 + 20$	$85 + 5$	$48 + 40$	$32 + 50$	$22 + 30$
$32 + 20$	$35 + 10$	$34 + 20$	$12 + 6$	$25 + 5$	$33 + 7$	$57 + 2$	$31 + 6$	$38 + 20$
$40 + 14$	$59 + 10$	$40 + 33$	$40 + 60$	$51 + 40$	$50 + 50$	$30 + 43$	$30 + 35$	$33 + 10$
$12 + 4$	$14 + 10$	$41 + 30$	$80 + 20$	$90 + 4$	$70 + 30$	$30 + 34$	$26 + 4$	$24 + 30$
	$12 + 20$	$42 + 10$	$25 + 75$	$20 + 80$	$45 + 50$	$45 + 10$	$25 + 10$	
		$43 + 15$	$52 + 3$	$45 + 45$	$27 + 13$	$26 + 20$		

Tuesday Task 5: Maths lesson

Time revision

Write the days of the week in order and use the word bank to help you.

Sunday Tuesday Saturday Thursday Wednesday Friday

Monday

How many days are there in each month? Read the poem to help you complete the table.



30 days has September,
April, June and November.
All the rest have 31,
Excepting February alone,
Which only has 28 days clear,
And 29 in each leap year.

Month	Number of Days	Month	Number of Days
January		July	
February	28 or 29 days	August	31 days
March		September	
April		October	
May		November	
June	30 days	December	

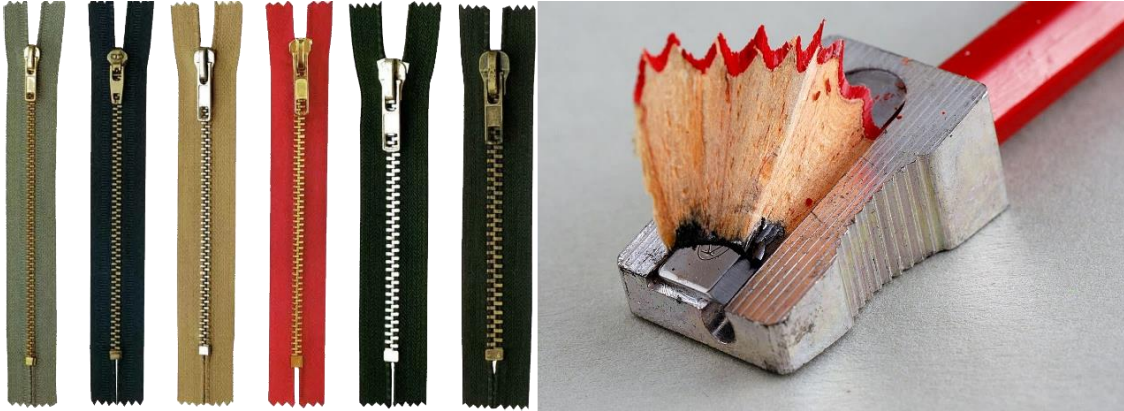
Tuesday Task 7: Music

The Colour of Sound

What do you hear?

Materials: Pencils, common household objects

Time: 30 minutes



Listen:

Go for a 'sound hunt' around you home and look for everyday items that make a noise. Books, pencils, zippers, dried leaves, scrunching paper, different pots and pans and water bottles all can be tapped or moved to make a noise. Your job today is to listen to the sounds that these things make.

Go around the house and find your favourite sounds to use. Think about how each sound is different or the same. What sort of sound does the object make? Is it a swooshing sound, rough sound, smooth sound or rattling sound?

Play: Grab a couple of the items that you used and create a short pattern. For example, you might play: Zip, zip, stomp on the floor, pencil tap Practice your pattern until you can repeat it over and over.

Ask one of your family members to join in with you! Draw your pattern of four sounds in the boxes below:

--	--	--	--

Wednesday Task 1: Spelling

1. Look, cover, write and check your weekly spelling words.
2. Choose 5 of your spelling words and write a sentence.

Underline the spelling word you used.

Example: The puppy had lost her bone so she was feeling sad.

1. _____

2. _____

3. _____

4. _____

5. _____



Wednesday Task 2: Reading

Race Cars

Race Cars Zoom! Zoom! Zoom! The race cars were all practicing for the big race tomorrow. Around and around and around the track they went. They practiced weaving in and out of cones, going around the curves, and starting right when the green light went on. Blue Race car and Red Race car were best friends, so they practiced together all day.

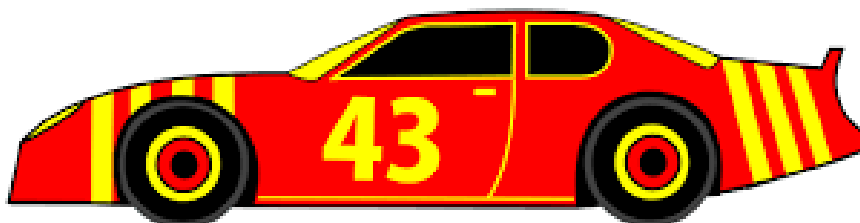
That night, they were in the garage resting up for the big race tomorrow. Red Race car couldn't sleep, though. "Blue Race car? Are you asleep?" Red Race car asked.

"No. I'm feeling nervous for the race tomorrow. How are you feeling?" Blue Race car answered.

"I'm feeling nervous, too. What can we do? We need to feel rested for the race tomorrow!" said Red Race car.

"Hmmm... we could try taking deep breaths. Ready? We'll breathe in and count to three. Then we'll keep the breath in for three seconds. Last, we'll slowly let all of our breath out. We might have to do that a lot of times before we feel better. Let's try!" Blue Race car said.

They took some slow, deep breaths together. After a few minutes, both race cars started to feel calm, and drifted off to sleep. They both dreamed about all the fun they'd have at the race.



Questions:

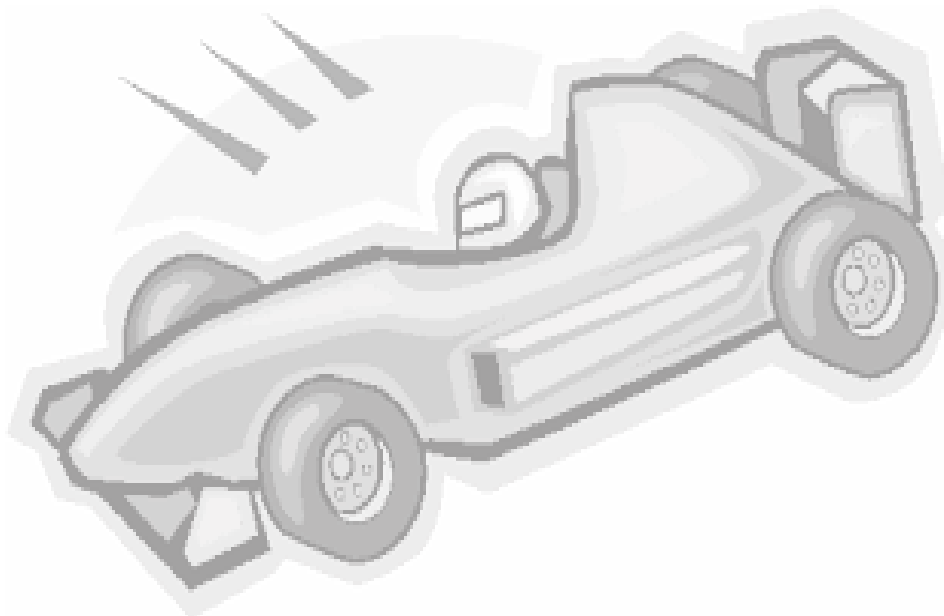
1. Who are the characters in the story?

2. What is the problem?

3. Where does the story take place?

4. How do the race cars solve the problem?

5. How do the race cars' feelings change throughout the story?



Wednesday Task 3: Writing

Think and Write

Click to view image full screen



Look at this picture. What words and sentences does it make you **think** of? We are going to **write** some sentences based on the picture using the following pattern of sentences. Remember to say your sentence out loud first before you write it!

- Sentence 1** Write a sentence that describes how the woman is dressed, using a word ending in the suffix **-ly**.
- Sentence 2** Write a **question** sentence.
- Sentence 3** Write a sentence that uses at least one noun ending in the suffix **-er**.
- Sentence 4** Write a sentence using at least **three** of these common exception words: **gold, even, great, break, move**.

Here is an example:

Sentence 1: The **beautifully** dressed woman is surrounded by shimmering feathers.

Sentence 2: **Where** did she get that costume from?

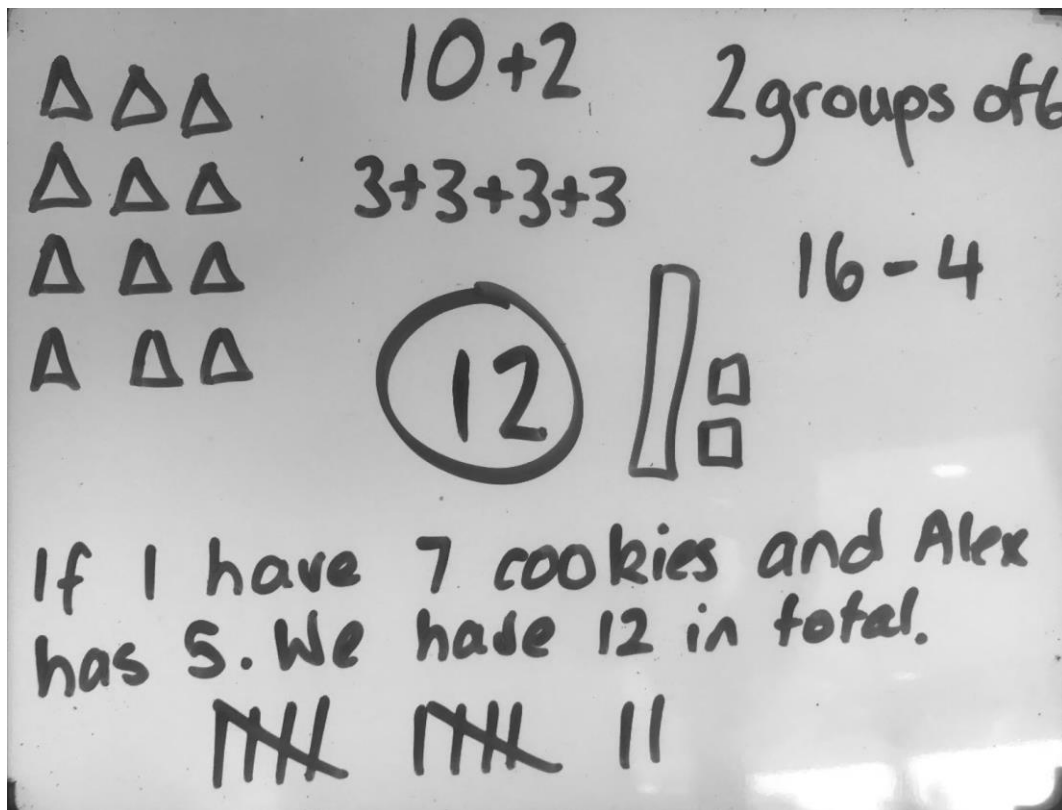
Sentence 3: She is a wonderful **dancer** and an impressive **singer**.

Sentence 4: The red and **gold** feathers move in time to the **great** music.

Wednesday Task 4: Maths Game

Number Talk

Each week we will have a number talk. There is an example below. It shows you different ways we can represent the number 12



Have a go below and take a picture to upload to your Seesaw:

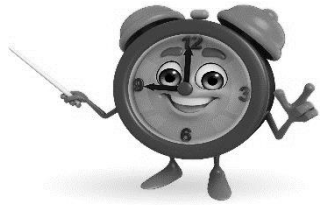
Show me how many different ways you can represent the number 326 - there are many more than what is above!

326

Wednesday Task 5: Maths Lesson

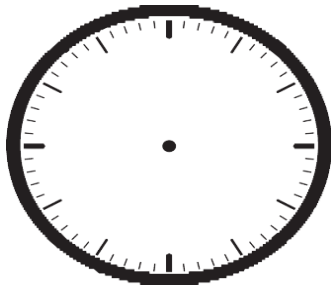
Click on the link or QR code to revise telling the time.

<https://www.youtube.com/watch?v=IzRt9B04CMg>

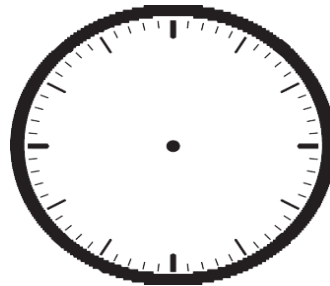


What's the time?

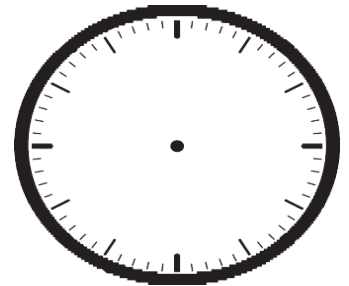
Draw the hour and minute hand on the clocks to show the time.



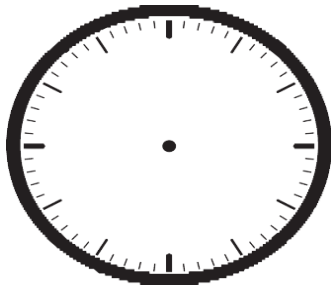
9.30



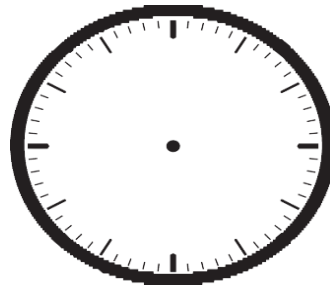
8.45



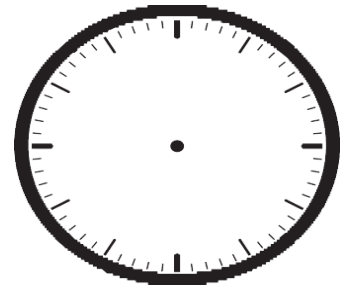
7.15



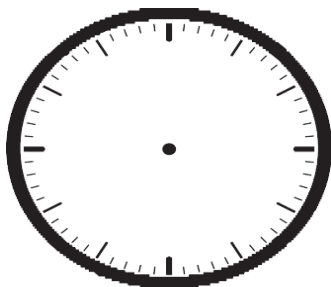
quarter to 5



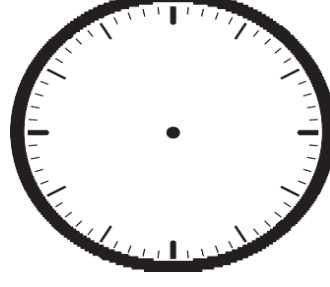
1.15



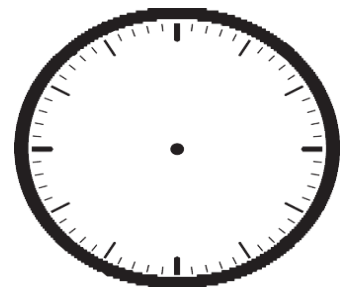
quarter to 10



quarter past 11



3.45



quarter to 12

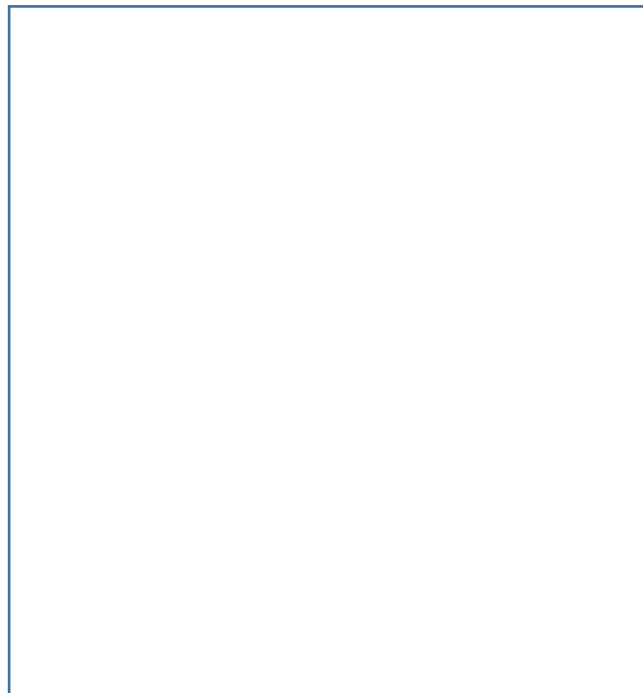
Wednesday Task 7: Science

Growing Plants

Is your plant still alive? Mine didn't grow much this week because I put it in a shady spot.

What did you have to do to look after your plant this week? What did you observe? How much has it grown?

Draw what your plant looks like this week:



Have you sent a photo of your plant to your teacher??

Thursday Task 1: Spelling

Dictionary Work

1. Look, cover, write and check your weekly spelling words.
2. Put your spelling words in alphabetical order.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____



Find 1 of your spelling words in the dictionary and write the definition.

What Is Minecraft?

Minecraft is a super popular video game. In this game, players build and create with different types of blocks in digital, three-dimensional worlds.

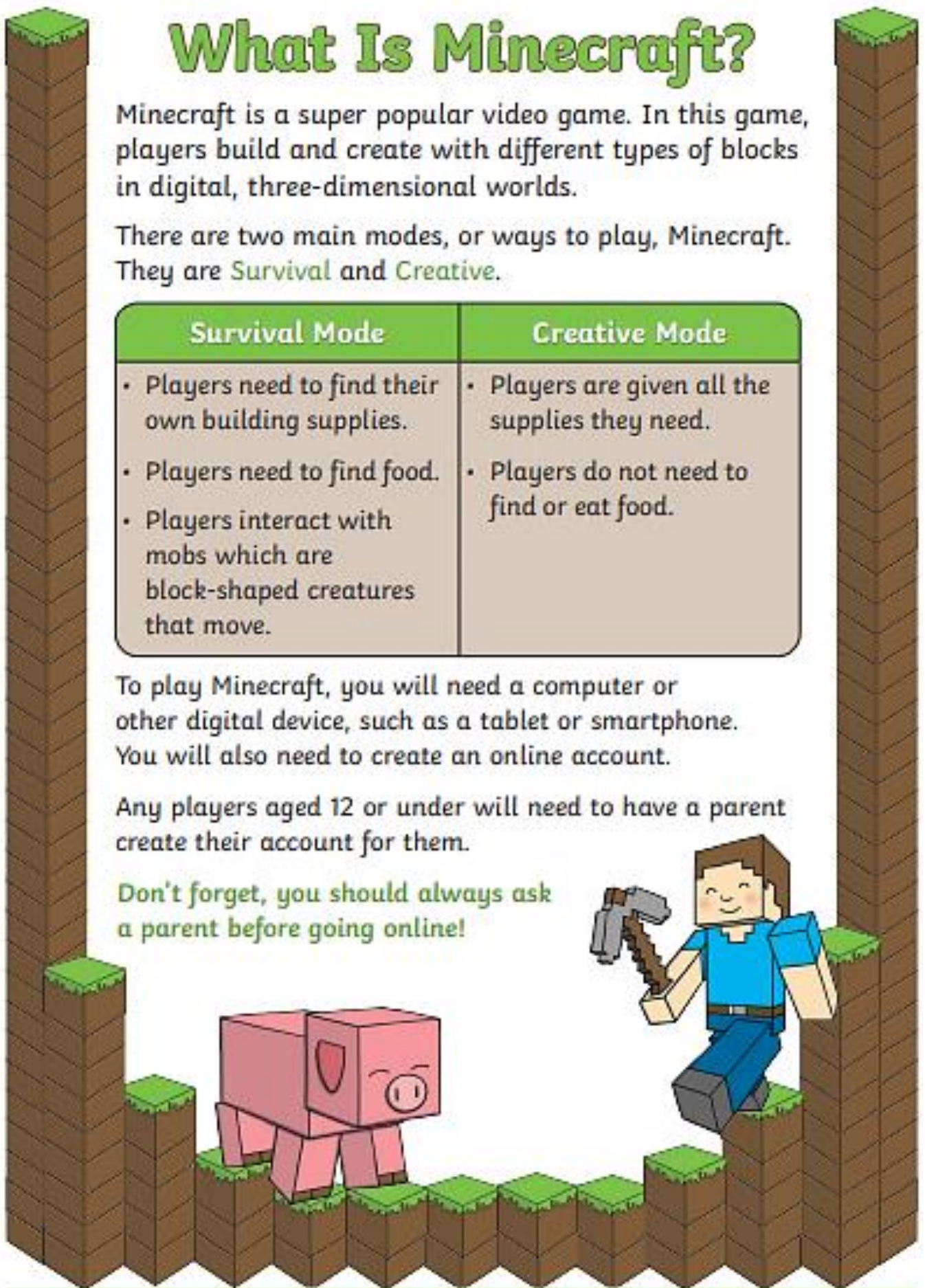
There are two main modes, or ways to play, Minecraft. They are *Survival* and *Creative*.

Survival Mode	Creative Mode
<ul style="list-style-type: none">• Players need to find their own building supplies.• Players need to find food.• Players interact with mobs which are block-shaped creatures that move.	<ul style="list-style-type: none">• Players are given all the supplies they need.• Players do not need to find or eat food.

To play Minecraft, you will need a computer or other digital device, such as a tablet or smartphone. You will also need to create an online account.

Any players aged 12 or under will need to have a parent create their account for them.

Don't forget, you should always ask a parent before going online!



Questions:

1. Select the **best** definition for Minecraft.

- Minecraft is an online game.
- Minecraft is a popular video game in which players use blocks to build and create digital, three-dimensional worlds.
- Minecraft is a fun game that can be played on a computer.

2. Which Minecraft mode do you think you would prefer to play? Explain your answer.

3. What are 'mobs'? Write your answer and then draw an example of what a mob might look like.



4. What do you **need** to be able to play Minecraft? Choose all correct answers.

- computers/digital devices
- wooden building blocks
- a Minecraft account
- a book about Minecraft
- a Minecraft T-shirt
- parent permission (if you are under 12 years)

Thursday Task 3: Writing

Dead or Alive

Listen to the story 'Wanted the Chocolate Monster' on YouTube - QR code or link below

<https://www.youtube.com/watch?v=paCQUNK3QTM>

and then create your own wanted poster for the chocolate monster.

OR think of the most evil, nasty villain you can from a story you have read.

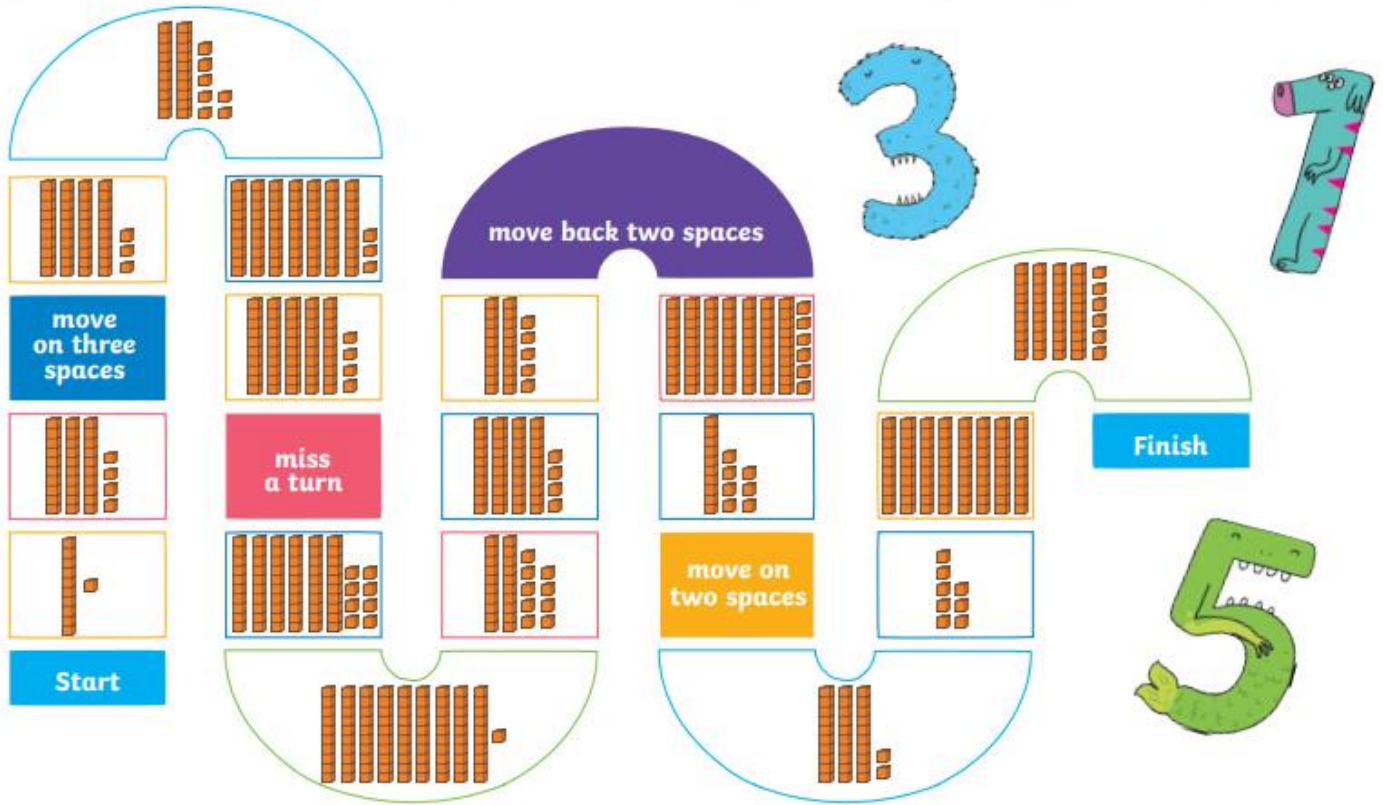
Can you make a wanted poster all about them? Don't forget to include details of their crime and what the public need to watch out for.

A large, hand-drawn illustration of a wanted poster. The poster is rectangular with a rough, torn edge. At the top, there are two circular holes, suggesting it was part of a scroll. The word "WANTED!" is written in large, bold, capital letters in the center. Below the word, there are ten horizontal lines for writing. The entire illustration is in black and white line art style.

Thursday Task 4: Maths Game

Base Ten Place Place Value

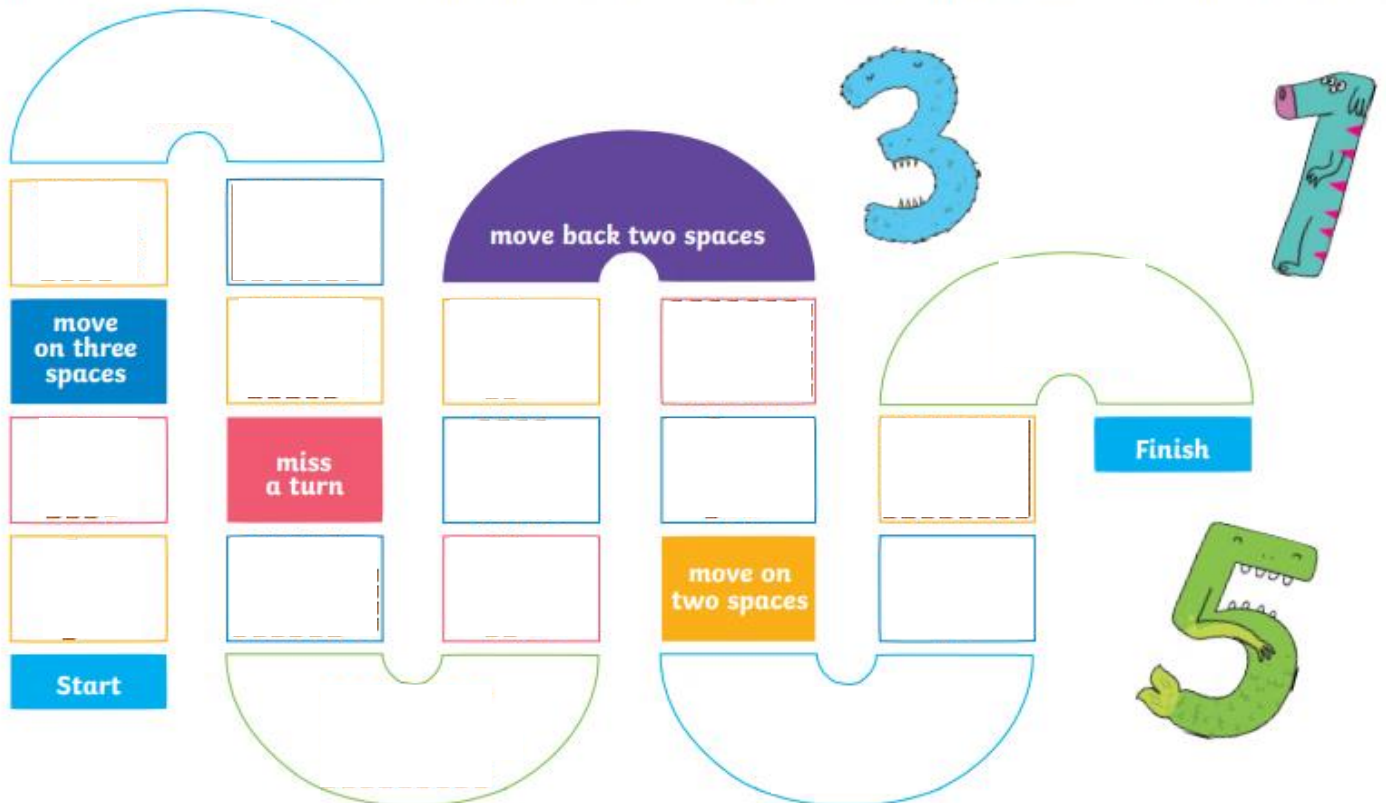
Roll a dice to move around the board. Use the blocks to name the numbers. The first player to reach the finish line wins!



Can you make your own board game?

Base Ten Place Place Value

Roll a dice to move around the board. Use the blocks to name the numbers. The first player to reach the finish line wins!



Thursday Task 5: Maths Lesson

Length - Metres and Centimetres

Watch the YouTube video for a quick revision on estimating Length - <https://www.youtube.com/watch?v=d5awyeF10cs>



Write and draw objects that you estimate to be less than 1 metre, about 1 metre and more than one metre.

Less than 1 metre

About 1 metre

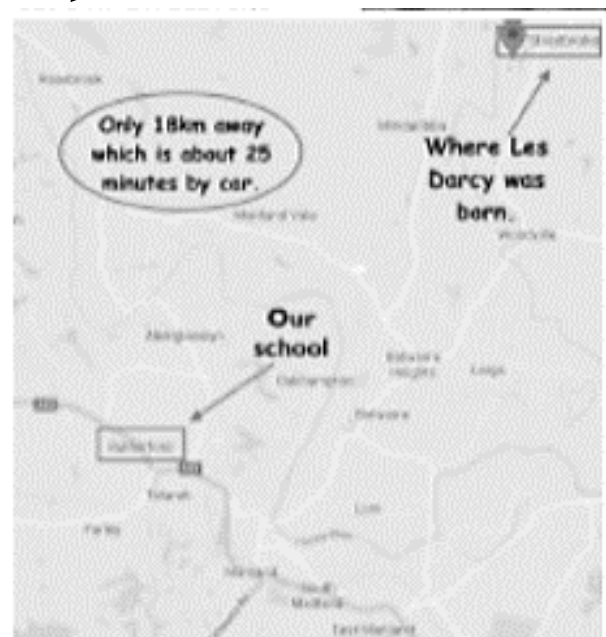
More than 1 metre

Les Darcy

Who was Les Darcy?

Information:

- Les Darcy was born on the 31st October 1895 in 'Stradbroke' (near Woodville).
- He attended Oakhampton Public School until 1907 when he was 12 years old and had to start working as a carter (this is someone that drove the horse carriages).
- He later become an apprentice blacksmith in Maitland until he began boxing at a professional level. A blacksmith is someone who works with iron and steel. They would make things like nails, door handles, shovels and shields.
- He started boxing after leaving school at the age of 13 and began making money from boxing at the age of 14.
- Les only lost 4 professional fights in his whole career.
- Les Darcy was a sporting legend in boxing.
- He also represented hope and strength for the people of Maitland.



Do you know where this statue of Les Darcy is? What building is it in front of?

Hint: It's near Maitland Public School.



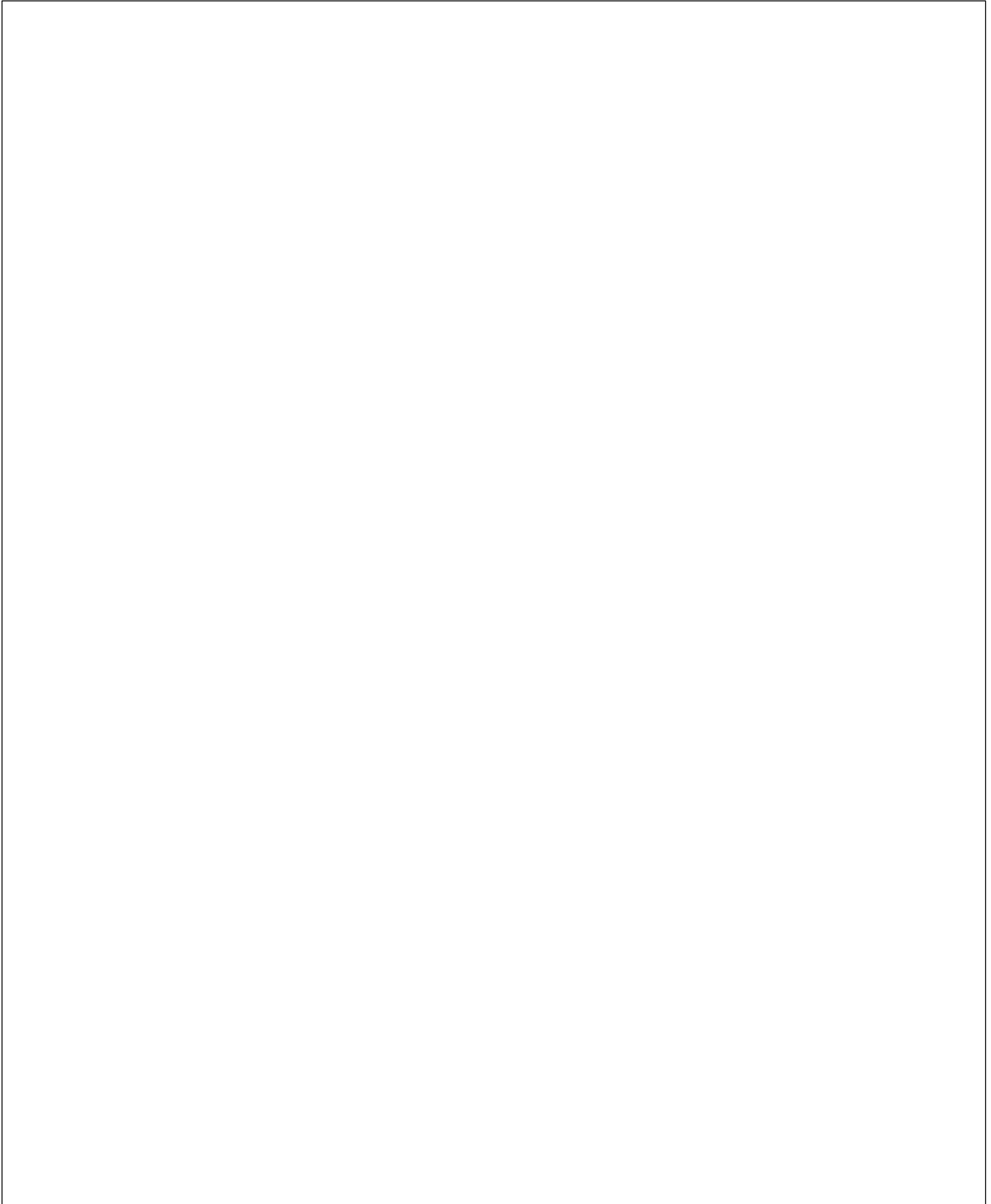
Friday Task 1: Spelling

1. Look, cover, write and check your spelling words.

2. **Hide the Words**

Draw a picture and hide all your spelling words in the picture.

Upload a picture to Seesaw and to see if your teacher can find all the words.

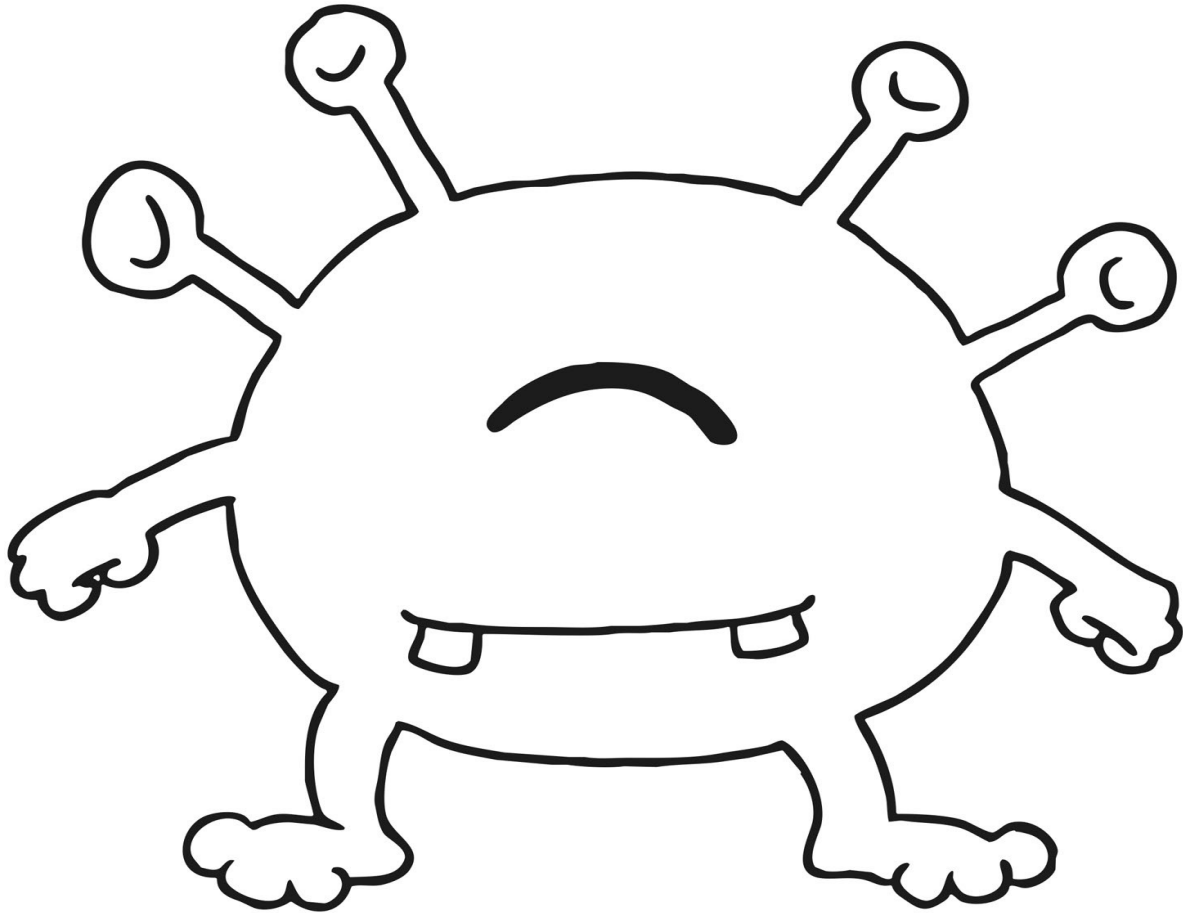


Friday Task 2: Reading

Complete the sheet below or draw your own monster in your book and write your own set of instructions to colour him/her in.

Reading Comprehension Four Key Words

Read the sentence and colour the picture.



1. My body has green and blue stripes.
2. My left leg is blue and black.
3. My feet are green with red spots.
4. My right leg is blue and black.
5. My arms have green and white stripes.
6. My hands are green with white spots.

Friday Task 3: Writing

Can you finish this story about this man at the top of this building?

What is he doing there? Is he fixing something, trying to locate something, or maybe saving someone?

Remember to give your story a beginning, middle and end.

Use this story starter to help you get started.



Holding on tightly to the support rope, the man made his way towards the top.

The wind blew strongly, and despite being constructed from iron the structure seemed worryingly flimsy as it shook.

His heart pounded, he was looking forward to having his feet on solid ground again soon.

Friday Task 4: Maths Game

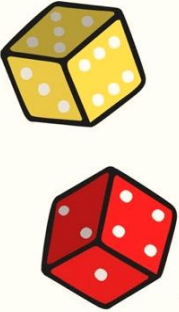
Dice Addition 4-in-a-Row

You will need:

- 2 dice
- 2 different coloured sets of 13 counters

The aim of the game is to get four of your own counters in a row.

Roll the two dice. Add the numbers together and place a counter on that number. Take it in turns until a player wins or the board fills up.



2	5	10	8	3
4	11	6	4	10
5	7	2	12	8
11	6	4	9	5
12	3	8	6	9



Friday Task 5: Maths Lesson

Number sequences by 2, 3, 5 and 10

Use the hundreds chart to help you complete the counting patterns.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

65	70	75			
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7	10	13			
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12	14	16			
----	----	----	--	--	--

86	76	66			
----	----	----	--	--	--

16	19	22			
----	----	----	--	--	--

21	31	41			
----	----	----	--	--	--

Count forwards by twos.

2	4			
---	---	--	--	--

20	22			
----	----	--	--	--

8	10			
---	----	--	--	--

34	36			
----	----	--	--	--

Count forwards by fives.

5	10			
---	----	--	--	--

25	30			
----	----	--	--	--

50	55			
----	----	--	--	--

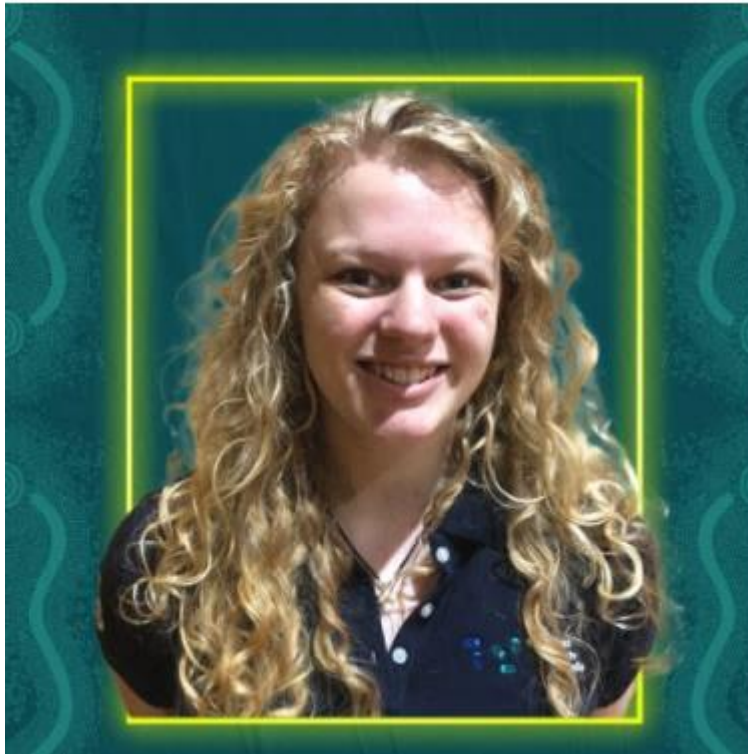
70	75			
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Friday Task 7:

Tokyo Paralympics 2020

It's almost time for the Paralympics to begin.

The opening ceremony will take place on 24th August.



This is Brodie Smith. She is a Paralympian from Maitland. She will be competing in the Goalball competition in Tokyo!

Scan the QR to find out more about Brodie!

You can also see the game of 'goalball' explained here!

Would you like to try Goalball?

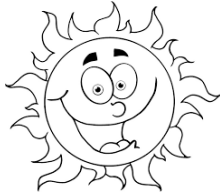
Why? Why not?



Optional Activity: Verbs

Please click on this link (or QR code) to watch the YouTube video on verbs:

<https://www.youtube.com/watch?v=oiXPtxBnsHM>



A **verb** describes what a noun does. They are words that show actions or thoughts.



There are different types of verbs. Action verbs and thinking verbs.

Action Verbs - show what a noun (person, place or thing) does.

Can you find the different types of verbs in the sentences below?

Action Verb:

1. Nick jumped on the trampoline.
2. Guinea pigs eat fresh vegetables.
3. Lily danced for her exam.



Thinking Verb:

1. Phoebe remembered it was her birthday tomorrow.
2. Jessica imagined her favourite dress.
3. Jake forgot his hat.

Thinking Verbs - tell what the noun (person, place or thing) is thinking.

Choose the correct verb and write it in the space.

1. The dog _____ the cat up the tree.
2. The bird _____ away.
3. Rusty _____ a chocolate ice cream.
4. Luke _____ what movie to watch.

chased

flew drove

wrote ate

decided clapped

Optional Activity: Verbs

1. Daniel ran in the race.
2. Lilly danced for her exam.
3. Jessica read her favourite books.
4. The rabbit hopped away quickly when the car came past.
5. The sun shone brightly.
6. Guinea pigs eat fresh vegetables.
7. Fish swim in deep and shallow waters.

Read the sentences and circle the verb in each of them.



Now choose 3 of the sentences above and rewrite them below, changing the verbs to make them more exciting.

Example: *Daniel sprinted in the race.*

said

thought

looked

ran

went

touched

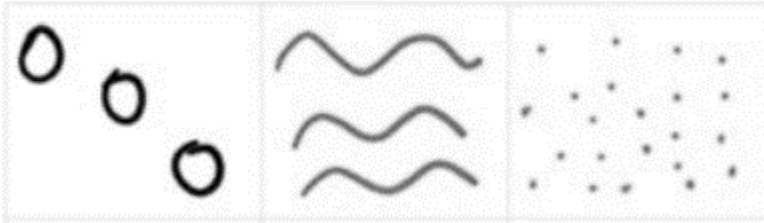
Choose 3 of the verbs and write as many synonyms as you can think of.
For example: said - yelled or screamed

Optional Activity: Music

Shape the Music

Play

Today we will use shapes and drawings to inspire our music making.



Use your voice and mouth to try these.

You can make all sorts of sounds with your mouth - nonsense words, clicks, pops and siren sounds! Have a look at the first picture (the three black dots). What sound could you make with your mouth that could match this?

Have a look at the second picture (the wavy red lines). What sound could you make with your mouth that could match this?

Have a go of making sounds to match all the pictures using singing, whistling or clicking your tongue. What other sounds can you make with your mouth or tongue?

Explore

Apart from your mouth, you can make different noises with other parts of your body, such as clapping, stamping and tapping.

What sounds can you make?

Create

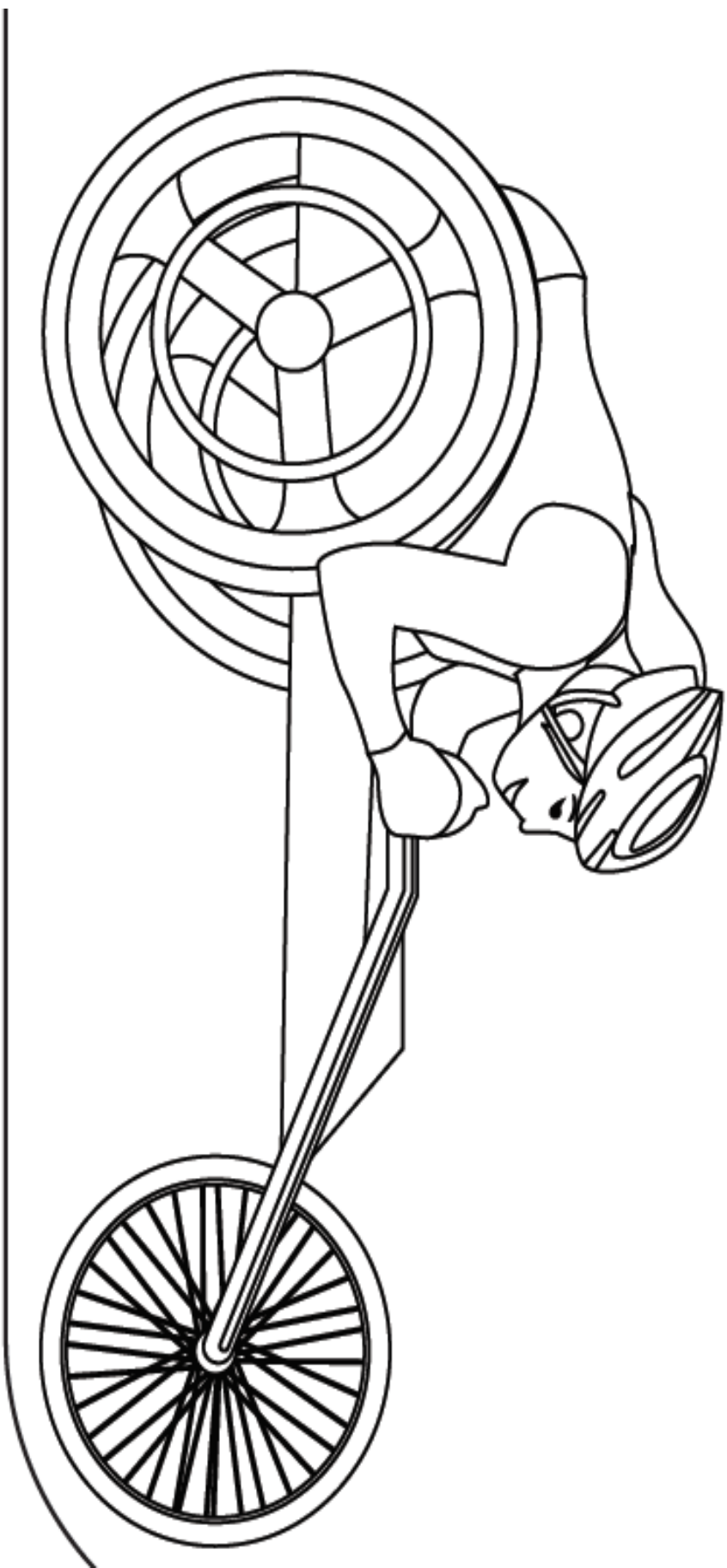
In the boxes below, create your own drawings to inspire music.

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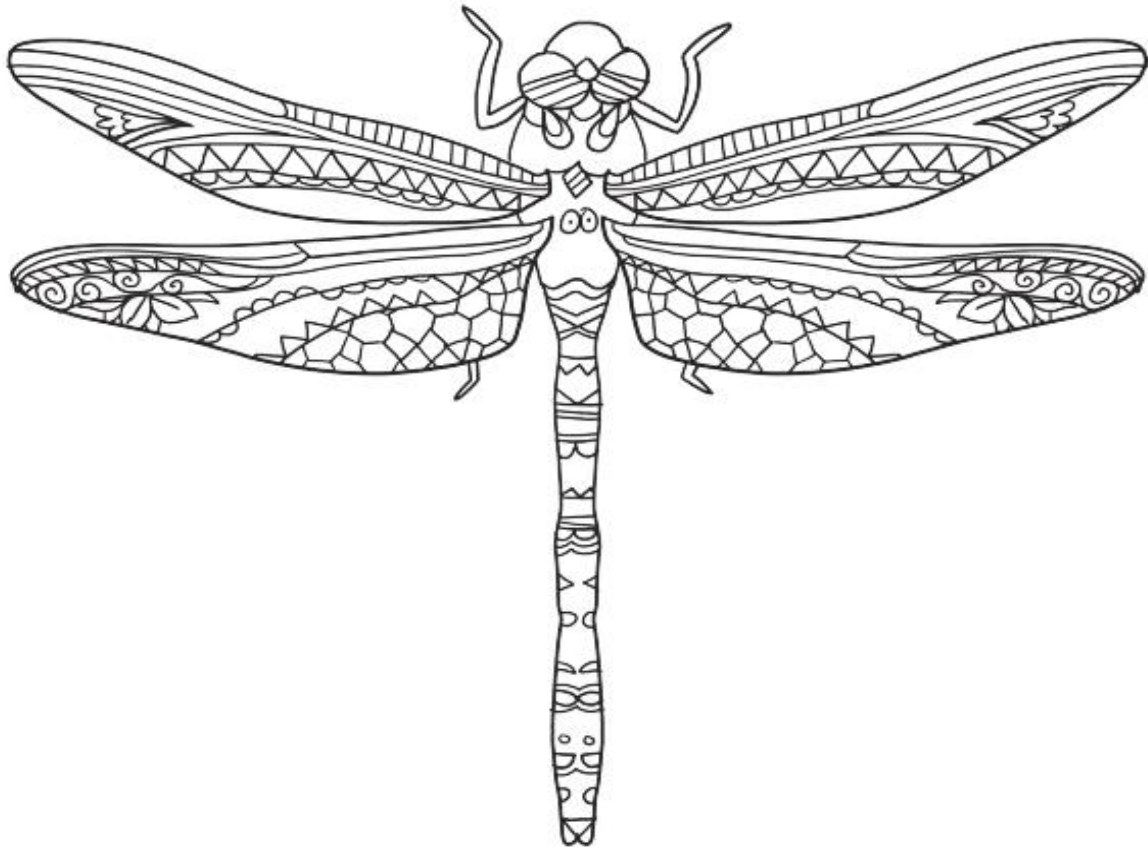
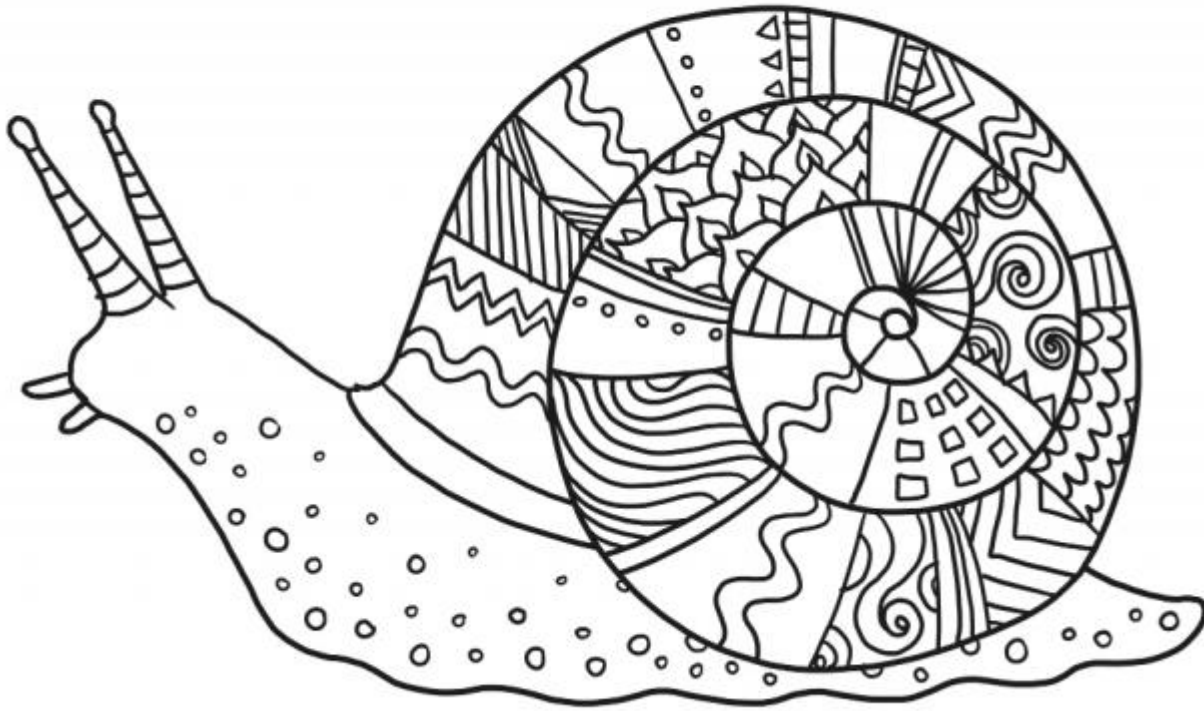
Optional Activity: Olympic Colouring

Paralympic Games

Wheelchair Race



Optional Activity: Mindfulness Colouring



Optional Activity: Activity Grid

Activity Grid

Colour each box when you have completed the activity

<p>Nature Art: Head outside and gather items to make a face of nature. Head back inside. Glue your items onto a piece of paper to create a face. Hang up your artwork for your entire family to see.</p>	<p>Catching Challenge: Grab a ball (e.g. tennis ball, soccer ball) and play a game of throw and catch. Throw the ball in the air and complete a movement before catching it. For example, throw the ball, clap your hands and then catch or throw the ball, jump and then catch.</p>	<p>Character Art: Draw a picture of the main character from your favourite TV show. Around the picture, write words or phrases that describe the character's looks and personality.</p>	<p>Silly Statues: To play the game 'Statues', you play music for the family to dance to. When the music stops, everyone must freeze. However, to make the game more interesting, call out different poses for them to freeze in. The pose could be an animal (e.g. lion, elephant, cat), an emotion (scared, excited, shocked), or an action (running, skiing, driving).</p>
<p>Create a Creature: Using a dice and the chart to create a crazy creature. Roll a dice and match the number to a row on the chart and continue until you have created a creature. Use the instructions below.</p>	<p>One Minute Exercises: Complete each of the following exercises for one minute each, counting to see how many you can complete: sit-ups, star jumps, squats, push-ups, and rocket jumps</p>	<p>Create your own Map: Hide an item somewhere in your home. Draw a map leading someone to its location. Give your map to a family member to find the hidden treasure!</p>	<p>Overarm Throw: Using an object from your home (for example: a bucket) practice your overarm throw by trying to hit the bucket. Count how many times you hit the bucket.</p>
<p>Eiffel tower: Use art hub for kids on youtube to draw an eiffel tower. https://www.youtube.com/watch?v=I2Int0q4uxY</p>	<p>Dodge: Place household items around outside in the backyard to make a course. Practice dodging these items. Use a timer to see how fast you can dodge all these items and complete the course!</p>	<p>Ball in a bucket: You will need a small ball (tennis) and a bucket or container. Practice underarm throwing the ball and getting it into the bucket. You can start close to the bucket and move further back when you get it in!</p>	<p>Make your own dance: Practice the dance to 'Happy' by Pharrel Williams that has been put up! You can learn this dance and then make your own! Video your dance and put it on Seesaw if you would like.</p>